



Retreat Visitor Information & Release

• **No on-site medical care provided.** Second Wind Retreat is not equipped to provide any type of medical care. Should you have a medical problem, there is 911 service available. Please use the land line phone provided at the Retreat. The closest medical facility is Fannin Regional Hospital, located on Rt. 5 approximately 15 to 20 minutes from the Retreat.

Visitor #1 initials _____ Visitor #2 initials _____

• **Bring a companion or caregiver.** Detailed directions will be provided to you on how to find the Retreat. We recommend using these directions, rather than MapQuest or GPS systems, as these are not reliable when you are "off the beaten path" as we are. We are located approximately 2 hours from Atlanta. Start well ahead of time to *make sure you arrive before dark*, as it can be very difficult to find us after dark, and most cell phones don't work in our location. Please bring a companion or caregiver who can take care of getting you here.

Visitor #1 initials _____ Visitor #2 initials _____

• **Horses on the property.** They are friendly, but they weigh 1,000 pounds each and could bump into you or step on your foot if they think you have food and you get in the middle of the herd. To protect the health of the horses, please do not feed the horses anything. They love to be petted, and it's fine to pet them all you want over the fence. If you are walking in the pasture, a walking stick should keep them from getting into your space.

Visitor #1 initials _____ Visitor #2 initials _____

Important: always immediately close the gates behind you.

• **Wooded environment.** Since the Second Wind Retreat property borders the Chattahoochee National Forest, we offer beautiful views and surroundings. When you venture out, keep in mind that there is the possibility of encountering wild animals such as bears and coyotes (although this is a very rare occurrence), as well as poisonous snakes and stinging insects, depending on the season. Just be aware of this possibility and use appropriate caution as you would in any forest.

Visitor #1 initials _____ Visitor #2 initials _____

• **Trails, paths and bridges.** You are welcome to walk anywhere you want on the property while here. Know that trails can have roots, rocks and other obstacles to watch out for. Our rustic bridge can be slick at times, so please watch your step if you use it. We would prefer that you enjoy the creek on the side closest to the retreat.

Visitor #1 initials _____ Visitor #2 initials _____

If you continue on the Devil's Den Road (that runs by the retreat), it will dead end in the National Forest. This road provides a flat, safe place to walk without a lot of traffic - just observe normal rules of the road for walking. It will take you into the forest and provide you with beautiful views of plant life and the whitewater creek.

Visitor #1 initials _____ Visitor #2 initials _____

• **Release.** By signing below I acknowledge having read everything herein and agree to release and hold harmless Second Wind and its affiliates, owners, operators, staff, employees, volunteers, officers and directors, for any personal injury or property damage I may suffer, including wrongful death arising out of said injury. By signing below I hereby waive, quit and remise any such claim, now and forever and same shall apply to my heirs and assigns.

Visitor #1 (patient)

Visitor #2 (caregiver)